



**3rd INTERNATIONAL SWIMMING MEETING
„ORKA ARENA CUP“**



JULY 6th 2019

MOSTAR, BOSNIA & HERZEGOVINA

MEET REGULATIONS

3rd „Orka Arena Cup“ will be held at city pool in Mostar in organization of swimming team Orka from Mostar, on July 6th, 2019.

Participants' Age Groups

CATEGORY		Women and Men
A	2002 and older	
B	2003/2004	"
C	2005/2006	"
D	2007/2008	"
E	2009/2010	"
F	2011 and younger	"

Meet Rules

- Each team may participate with as many swimmers as it wishes.
- Swimmers from categories A, B, C, and D can swim in total 5 events from the program, and swimmers from categories E and F can swim in total 4 events from the program. Each team can apply only one relay.
- Meet entry fee is 10 € per person.

General Regulations

- The Regulations of the Bosnia & Herzegovina Swimming Federation and FINA will be applied at the competition.
- The pool is 50 m x 25 m and has 10 lanes.
- Those who wish to participate in the championship should inform Orka swimming team (Facebook or email) by June 20th via e-mail at kvs.orka@yahoo.com or alenacemalovic@yahoo.com and forward their lists latest by July 3rd.

Meet Award

- The **medals** will be awarded to swimmers for the first three places in each event.
- The swimmer from category A, the owner of the best score from 4 events, according to the FINA score table, will be awarded with 100 € and cup.
- The swimmer from category B, C and D, the owner of the best score from 4 events, according to the FINA score table, will be awarded with 50 € and cup.
- The swimmer from category E and F, the owner of the best score from 3 events, according to the FINA score table, will be awarded with cup.
- Three best teams according to the points for the first eight swimmers in every event (10,8,7,6,5,4,3,2) will be awarded with cup
- Head coach of the best team will be awarded with 150 €.

Program:

50m	FREE	A,B,C,D,E,F
50m	BREAST	A,B,C,D,E,F
50m	FLY	A,B,C,D,E,F
50m	BACK	A,B,C,D,E,F
PAUSE 30min – medal ceremony for all categories, total awards for categories E and F		
100m	FREE	A,B,C,D,E
100m	BREAST	A,B,C,D,E
100m	FLY	A,B,C,D,E
100m	BACK	A,B,C,D,E
4x50	FREE	A,B,C,D

CONTACT INFORMATION:

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